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treatment. After Cancer Care, from Drs. Gerald Lemole, Pallav Mehta, and Dwight McKee, is the much-needed authoritative, approachable guide that fills this gap.

After Cancer Care | I Thrive Beyond Breast Cancer | Wayne, Pa
After Cancer Care can provide a structure for a healthier diet and physical lifestyle, as well as support an informed decision-making process, enhance hope and utilize the wisdom and experiences of exceptional patients, reduce hopelessness and helplessness, reduce social isolation by providing support groups and other group activities, and offer instruction on stress-reduction practices.

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The right sentence of the book cover

“ The definitive Self-Care Guide to getting and staying well for patients AFTER cancer ” should be “ ... and staying well for patients B E F O R E cancer ” . Because “ ... healing is not

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After Cancer Care, from Drs. Gerald Lemole, Pallav Mehta, and Dwight McKee, is the much-needed authoritative, approachable guide that fills this gap. According to Drs. Lemole, Mehta, and McKee, your choices in diet, exercise, and even relationships can help determine your propensity for relapse.

After Cancer Care: Amazon.co.uk: MD, Lemole,, Gerald: Books
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Highest cancer survival rates ever – latest survival figures show an estimated 7000+ more people surviving cancer after successful NHS cancer treatment compared to three years prior. Big expansion in cancer check-ups – over 1.7 million people urgently referred by their GP this year, up by 500,000 people compared to three years ago. 450,000 more people are being seen in under 14 days.

NHS England » Cancer

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After Cancer Care (Paperback) The Definitive Self-Care Guide to Getting and Staying Well for Patients after Cancer. By Gerald Lemole, Pallav Mehta, Dwight Mckee, Mehmet Oz (Foreword by) Rodale Books, 9781623365028, 304pp. Publication Date: August 25, 2015

After Cancer Care: The Definitive Self-Care Guide to ...

You may have two or more computed tomography (CT) scans in the three years after you finish treatment. Current guidelines recommend that you should have a colonoscopy a year after treatment ends and then every

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few years to check for growths (polyps) and any new cancer developing in the bowel.

After treatment | About bowel cancer | Bowel Cancer UK

This standard covers patients starting a first definitive treatment for a new primary cancer. The operational standard states that 96% of patients should be treated within 31 days of the decision to treat date. Table 2.4: Activity and performance of the one month wait standard for first cancer treatment. 80,000 Care Setting
Number of patients

Waiting Times for Suspected and Diagnosed Cancer Patients
After Cancer Care is the much-needed authoritative, approachable guide that fills this gap. It includes

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information on how to maintain physical health?with chapters on epigenetics, nutrition, and exercise?as well as emotional health through stress management techniques.The cutting-edge and growingly popular science of Epigenetics has shown that ...

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